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Spaghetti Factory Mizithra Cheese Sauce

Recipe By : Serving Size : 1 Preparation Time :0:00 Categories : Sauces Pasta

Amount	Measure	Ingredient	—
		Preparation Method	

2 tablespoons Flour

4 tablespoons Butter

1 teaspoon Olive Oil

10 milliliters Garlic — crush

2 tablespoons Parsley
— chopped

1/2 cup Half and Half

1 cup Milk

3/4 cup Romano Cheese

White Pepper to taste

Make a light roux over a medium fire with olive oil and butter. Add flour and cook flour out of raw state; add garlic. Pour milk and half and half in the roux with pepper and parsley. At the last moment add the cheese. Place over hot pasta.